



Tashkent International Model United Nations

Honorable Delegates,

On behalf of the Tashkent International Model United Nations Society, let us welcome You to the Biggest International Model United Nations in Central Asia -Tashkent International MUN – 2025!

The Tashkent International MUN Conference (TIMUN) is an annual project organized by the TIMUN Society, a part of Westminster International University in Tashkent (WIUT). Since its establishment in 2012, TIMUN Society has been driven by the dedication and passion of young individuals, aiming to promote diplomacy and address global issues.

With a commitment to inclusivity and diversity, TIMUN actively engages young people from different regions of Uzbekistan and the whole world. Supported by the UN Regional Coordinator's Office in Uzbekistan, the TIMUN 2025 Conference serves as a gathering point for students from various educational institutions, representing a multitude of nationalities and backgrounds. Its primary objectives include fostering diplomacy, raising global awareness, enhancing public speaking skills, nurturing leadership development, promoting cultural understanding, facilitating networking, encouraging problem-solving, and cultivating critical thinking.

The conference provides a platform for young delegates to engage in stimulating debates, negotiations, and resolutions on international and development issues that reflect the work of the United Nations in Uzbekistan and in the world.

This year, TIMUN 2025 puts forward the concept of “[#OurTimeOurFuture](#)” under the slogan “Together for the Future, Together with Youths” that reflects TIMUN's alignment with the vision of the UN Pact for the Future and the belief that youth must be at the heart of shaping what comes next. A dynamic and transformative three-day event has been designed to engage, educate, and empower young delegates from around the world towards achieving sustainable development. With a diverse range of nationalities and backgrounds, the conference will bring together over 400 passionate delegates divided into 8 UN committees, international professional specialists, dedicated organizers, and enthusiastic volunteers to foster an environment of learning, collaboration, and global citizenship. Additionally, participation in the conference is FREE of charge for ALL international and local Delegates and Chairs. All the resolutions that will be worked out at the committees of TIMUN 2025 will go to the UN Agencies for the consideration and gradual implementation of the solutions proposed by young leaders of the globe.

We wish you a great and successful conference! Welcome to TIMUN 2025!

Table of Contents

1. VISA INSTRUCTIONS.....	4
2. FISCAL TRANSACTIONS	8
3. TRANSPORTATION.....	9
4. HOTEL INFORMATION	11
5. RESTAURANTS	12
6. NATIONAL CUISINE	14
7. EMERGENCY CONTACTS.....	17

1. VISA INSTRUCTIONS

Please do read the information below before filling the online VISA Application

a) Do I need a VISA to visit Uzbekistan?

There are 2 types of Uzbekistan tourist visa: the electronic visa (eVisa), which covers short stays for business in addition to tourism, and traditional tourist visas issued by Uzbekistani embassies abroad.

The Uzbekistan eVisa is obtained by applying online, which saves a trip to an embassy. However, citizens of some countries are ineligible for this digital visa, leaving diplomatic missions as the only place to obtain an Uzbekistani tourist visa.

Many tourists do not need an electronic or other visa to be able to visit Uzbekistan - they can enter the country using only their passports. These include the individuals qualifying under the following criteria:

90 days, regardless of the purpose of the visit: Citizens of the listed CIS Countries – Armenia, Azerbaijan, Belarus, Georgia, Kazakhstan, Moldova, Russia, and Ukraine.

60 days, regardless of the purpose of the visit: Citizens of Kyrgyzstan.

30 days (unless otherwise stated), regardless of the purpose of the visit: Citizens of the listed other –

▪ Andorra	▪ Canada	▪ Indonesia	▪ Moldova	▪ Serbia
▪ Argentina	▪ Chile	▪ Ireland	▪ Monaco	▪ Singapore
▪ Armenia	▪ Croatia	▪ Israel	▪ Mongolia	▪ Slovakia
▪ Australia	▪ Czech Republic	▪ Italy	▪ Montenegro	▪ Slovenia
▪ Austria	▪ Denmark	▪ Japan	▪ Netherlands	▪ South Korea
▪ Azerbaijan	▪ Estonia	▪ Kazakhstan	▪ New Zealand	▪ Spain
▪ Belarus	▪ Finland	▪ Kyrgyzstan	▪ Norway	▪ Sweden
▪ Belgium	▪ France	▪ Latvia	▪ Poland	▪ Switzerland
▪ Bosnia and Herzegovina	▪ Georgia	▪ Liechtenstein	▪ Portugal	▪ Tajikistan
▪ Brazil	▪ Germany	▪ Lithuania	▪ Republic of Cyprus	▪ Turkey
▪ Brunei Darussalam	▪ Greece	▪ Luxembourg	▪ Romania	▪ Ukraine
▪ Bulgaria	▪ Hungary	▪ Malaysia	▪ Russian Federation	▪ United Kingdom
	▪ Iceland	▪ Malta	▪ San Marino	▪ Vatican City

b) Who is eligible for an Uzbekistan E-VISA?

Consult the list below to find out which nationalities require the E-VISA to visit Uzbekistan.

Africa:

- Algeria
- Angola
- Cameroon
- Cabo Verde
- Côte d'Ivoire
- Egypt
- Equatorial Guinea
- Gabon
- Ghana
- Morocco
- Senegal
- Seychelles
- South Africa
- Tunisia

Asia:

- Bangladesh
- Bhutan
- Cambodia
- China (including Hong Kong)
- India
- Iran
- Jordan
- Laos
- Lebanon
- Maldives
- Nepal
- North Korea
- Sri Lanka
- Thailand
- Vietnam

Europe:

- Albania
- Andorra
- Bosnia and Herzegovina
- Bulgaria
- Croatia
- Czech Republic
- Estonia
- Finland
- Greece
- Hungary
- Iceland
- Ireland
- Latvia
- Liechtenstein
- Lithuania

- Luxembourg
- Malta
- Monaco
- North Macedonia
- Norway
- Poland
- Portugal
- Romania
- San Marino
- Serbia
- Slovakia
- Slovenia
- Sweden
- Switzerland
- Vatican City

North America:

- Canada
- United States

Central and South America:

- Bolivia
- Colombia
- Ecuador
- Guyana
- Paraguay
- Peru
- Suriname
- Uruguay
- Venezuela

Oceania:

- Fiji
- Marshall Islands
- Micronesia
- Nauru
- Palau
- Samoa
- Solomon Islands
- Tonga

Applicants must complete an Uzbekistan E-VISA application form online, filling in their basic personal details, passport information, and a contact email address to receive the approved visa. They must supply supporting documents, including a passport from an eligible sovereign state. Travelers can select either a single or multiple entry E-VISA for Uzbekistan, depending on whether they wish to enter the country once or on multiple occasions.

Visitors can spend a maximum of 30 days per visit in Uzbekistan with the E-VISA. With a multiple entry E-VISA, travelers may leave the country and then return.

Once approved, the Uzbekistan E-VISA is valid for 90 days. It can be used to enter the country for the purposes of leisure, tourism, and business within this time.

c) How long does it take to get an Uzbekistan E-VISA?

Processing and issuing the e-visa takes 2 working days, so you should submit your e-visa application at least working 3 days before you plan to enter Uzbekistan. This timeline excludes weekends and public holidays in Uzbekistan. Once granted, the e-Visa is emailed to you as a PDF document, which you must print and carry with you while traveling.

It is recommended that you apply at least three to five days before your scheduled trip to account for any unexpected delays. If your application contains errors, such as erroneous passport information or low-quality images, the process may take longer or potentially result in a denial.

d) How long are Uzbekistan E-VISAs valid for?

E-VISAs are valid for 90 days from the date of application. You can enter Uzbekistan at any time during this period (single-entry only) and then spend up to 30 consecutive days in the country.

Please Note: Your stay may be limited to less than 30 days if you enter Uzbekistan when your E-VISA has less than 30 days of validity left. For instance, if you enter Uzbekistan when your E-VISA is only valid for 20 more days, the duration of your stay in the country will be limited to 20 days.

e) What documents do I need to provide when applying for an E-VISA?

The required documents include the following:

- A clear scan of your passport - It must remain valid for another 6 months after your trip.
- A scan of the last page of your passport (if applicable).
- A passport-sized photo (size 35x40 mm, quality 300 dpi, the face occupying 70-80% of the frame, and a uniform background).
- Email address, to receive your visa once ready.
- Payment method (Visa fee). It can be a credit or debit card.

f) How much does the E-VISA cost and how do I pay for it?

The E-VISA costs \$20 USD, regardless of nationality. Payments must be made via the portal, using a VISA card. If you do not have your own VISA card, you may use one in someone else's name. There is no other way to pay for the E-VISA.

E-VISA related payments are non-refundable, even if your application is denied or if you cancel your trip to Uzbekistan after receiving the E-VISA.

g) What if my E-VISA contains errors?

Check for typos, and if you have to, read your application two or three times. This is because errors in your e-Visa application cannot be corrected once it is applied, so you

have to re-apply for a new e-Visa. If there are discrepancies between your passport and your visa, the document is considered invalid. In the end, you will be required to apply for a new e-visa. Keep in mind! Even if you made a mistake, the e-Visa fee is non-refundable.

h) How do I use the E-VISA to enter Uzbekistan?

E-visa holders may enter the Republic of Uzbekistan through all border crossing points. When entering the Republic of Uzbekistan, you will need to present the e-visa in printed form, along with your valid passport (this must be the same passport you used to apply for the e-visa). Please do not affix your e-visa to your passport. You must also carry a copy of the e-visa with you throughout your trip around Uzbekistan. Electronic copies of the e-visa (such as on your mobile phone) are not sufficient – you must carry a hard copy.

i) What steps should I follow to get an E-VISA?

You can apply for an e-visa via the Government of Uzbekistan's e-visa portal.

The portal link is: <https://e-visa.gov.uz/what-you-need-to-know>

Currently, the Uzbekistan e-visa portal is available in English, Russian, and Uzbek.

Step 1. Complete the application form.

After entering the e-visa portal, you must fill in an application form. This involves providing personal data, indicating your planned date of entry into Uzbekistan, and attaching a portrait photo together with a scanned copy of your passport. If you are a citizen of a country with which there is an agreement on visa-free entry to Uzbekistan, the portal will terminate the application process and notify you that you do not need to obtain a visa.

Step 2. Finalize the application and pay for the E-VISA.

After providing the information required, you must indicate the e-mail address to which the temporary link to the visa application and access code should be sent. After entering the access code on the portal, you will be able to pay for your Uzbekistan e-visa. After making the payment, you will receive a second email that confirms your request has been received.

Step 3. Receive the E-VISA.

The processing time is 2 working days (excluding the day on which you submit your application). After this time, you will receive a notification by email. If the visa has been granted, you will receive an electronic visa in the form of a PDF file that can be saved on your phone or printed for presentation at the border. If the visa has not been granted, you will also receive a notification by email. Reasons for the refusal may include an incorrectly completed application form, errors and inconsistencies in the information provided, or specific circumstances defined in Uzbekistan's legislation.

Additional Details and Information

- The applicant is responsible for the accuracy of the information he or she provides and/or of information that is sent to him or her as part of the process of obtaining an electronic visa to Uzbekistan.
- The applicant does not need to be the owner of the VISA card used to pay the fee for an electronic visa
- In case of future or additional applications for an electronic visa, the applicant must pay the fee again.
- The applicant must request an electronic visa for a valid passport. If the passport is replaced, the applicant must obtain a new visa.
- An applicant with dual citizenship must, when applying for an electronic visa, enter the data of the passport that he or she plans to use to enter Uzbekistan.

The e-visa online application form has a box for 'Citizenship of other states'. We recommend ignoring this box (even if you are a dual national) because ticking it often results in a system error. There should be no need to provide information on your other passport to obtain the e-visa, or to show this other passport when entering or travelling around Uzbekistan.

- The citizens of some countries are not eligible for the simplified visa procedure. If the applicant chooses one of these countries when applying for an electronic visa, the system will notify the appropriate embassy or consulate of Uzbekistan abroad.
- Notifications about the acceptance of e-visa applications and payments, including information about issuance or cancellation of the e-visa, will be sent to the applicant's e-mail address. Therefore, applicants should enter their e-mail addresses carefully.
- If the applicant experiences technical problems when using the portal, he or she should contact (+998 71) 200-00-88, or send an email to info@evisa.gov.uz.

2. FISCAL TRANSACTIONS

a) Exchange of Currency

As plainly, the currency exchange is subject to change and does not remain steady. However, \$1 is around 12,950 UZS, and if you exchange \$50 then it's going to be 647,500 UZS – a decent amount for one to explore the city and have good days during conference days. However, hotels are to be booked beforehand. The list of preferable hotels is shown below, and price varies due to the taste of the attendant. However, if the attendant wants to book even cheaper hostels let's say around \$10-20 per night, it is advised to contact +998 91 779 51 01.

The exchange offices in Tashkent, the capital of Uzbekistan, are quite numerous. Usually, they are open in hotels, or you can find ATM machines near supermarkets or restaurants. In addition, foreign exchange transactions are carried out by the banks. If you are exchanging money in the bank:

- Bring your passport;
- Make sure your money is crisp and clean;
- Bank opening hours are 9 to 18 Monday to Friday;
- You can exchange money in the airport, but not at the border (officially);
- Banks now exchange foreign money into sum, as well as the other way around.

Duty Free is available for the attendants that wish to exchange their money at the

airport. However, in case of the absence of the duty-free attendants or if there are other problems with exchange, attendants are advised to exchange money in the proximate banks.

b) Use of Credit Card

In Uzbekistan, it is advisable for tourists to always have cash on hand. Often the credit cards of the VISA and Master Card payment systems are accepted in the major hotels of the international networks, or certain restaurants, and sometimes in the most touristic places. Simple shopping centers, cafes, or hotels may not serve VISA or Mastercard cards.

c) Bank Information

List of Largest Banks

Bank	Website
National Bank of Uzbekistan (NBU)	https://nbu.uz/en/
AgroBank	https://agrobank.uz/
Asaka Bank	https://www.asakabank.uz/
Ipoteka Bank	https://www.ipotekabank.uz/en/
Kapital Bank	https://kapitalbank.uz/en/welcome.php
Asia Alliance Bank	https://kapitalbank.uz/en/welcome.php

Bank Working Hours: 8:00 am – 6:00 pm.

3. TRANSPORTATION

The transportation in Tashkent is very affordable in terms of price. Underground trains are available all around the city and will cost you around \$0.15 cents (= 2,000 UZS) per person. On your first trip from the airport to the hotel, you will need to take a taxi, which may cost you more – around \$5 to \$10. On those rides, make sure that you bargain properly. In case you face problems with transportation from the airport, feel free to contact +998 91 779 51 01.

The Conference is going to be hosted by the Westminster International University in Tashkent, which is located at the very heart of the city. The University is located at the “Amir Temur Xiyoboni” station of the metro. The opening ceremony, on the other hand, will be held at the Youth Center, which is located at the “Mustaqillik” station of the subway.

We do not provide transportation beyond the conference’s interest. Therefore, attendants are responsible for their travel around the city and the safety as they did sign the waiver, which stated the terms and conditions. Entertainment destinations are to be listed below in this guide. Attendants should also bear in mind that we do not provide any logistics from the airport at the outset and to the airport at the end. This is due to the fact that the time of arrival of each delegate is different and is subject to be placed in different places.

Types of Transportation

International Transportation

Air. Tashkent International Airport (TAS) is the country's most important airport. Facilities include currency exchange, duty-free shops, bars, and restaurants. Buses operate from the Airport to the city center every 10 to 20 minutes with a travel time of 20 to 30 minutes. Taxis are readily available. You may also use Airport Transfer services provided by most hotels.

Train. Tashkent is a main connecting point for all rail services in Central Asia. Routes lead west to Ashgabat, in Turkmenistan; south to Samarkand and on to Dushanbe, in Tajikistan; east to Bishkek, in Kyrgyzstan, and Almaty, in Kazakhstan; and north to Moscow. In the east of the country, there is a spur line to the Ferghana Valley, which leads to Osh, in Kyrgyzstan. In Almaty, it is possible to connect to China.

Domestic Transportation

Air. If you plan to travel outside Tashkent on business or leisure tours, there are a number of options to pursue. Uzbekistan Airways (HY) flies to all major towns and cities in Uzbekistan on a regular basis. Destinations include Tashkent, Samarkand, Navoi, Nukus, Karshi, Termez, Andijan and Namangan. Tickets can be bought at the Uzbekistan Airways (HY) ticket agency or at the domestic departure terminal of the airport (located in a separate building from the international terminal).

Train. There is a network of railways connecting Bukhara, Samarkand, Termez, Fergana Valley and Nukus. There are two railway stations in Tashkent - North and South. Uzbekistan Railways provides a reliable way to travel. You can buy the tickets at the railway station. "Registon" and "Sharq": The "Registon" brings you from Tashkent in 3h30min to Samarkand, and the "Sharq" makes a 600-km-journey Tashkent - Bukhara (with intermediate stop in Samarkand) in about 6.5 hours. A daily overnight train from Tashkent to Bukhara offers the possibility to travel during the night and win one day. Comfortable sleeping cars allow a good sleep. Overnight trains also run from Tashkent and Samarkand to Urgench (3 times weekly) and to Nukus - Kungrad (2 times weekly). It is also possible to travel to Khiva (30 kilometers from Urgench, taxi/bus available) or to the Aral lake (Moynaq, 70 km from Kungrad) by train.

Bus. Tashkent has regularly scheduled bus, tram, and trolley service. Buses also provide connections with all the cities and major towns in Uzbekistan and are inexpensive and reliable. The average price of a bus ride within the city will be around \$0.13 cents per person.

Car. Uzbekistan has a reasonable road network, with traffic driving on the right. Although cars can be hired, it is most common to hire a car with a driver.

Taxi. Taxis and cars for hire are readily available in all cities and major towns. Although it is safer to use only officially marked taxis, many are unlicensed. It is advised to agree a fare in advance and not to share a taxi with strangers. It is advised to download MyTaxi, Yandex, Fasten, Uklon. It is considered much safer and cheaper than the street taxi.



4. HOTEL INFORMATION



Hotel Uzbekistan



Price: \$138 for three nights
= per person it is \$46 per night
Location: 600 meters away from
the Conference Venue
Booking through: Booking.com



Art Plaza Hotel

Price: \$141 for three nights
= per person it is \$47 per night
Location: 4 km away from
the Conference Venue
Booking through: Booking.com



Shodlik Palace



Price: \$180 for three nights
= per person it is \$60 per night
Location: 5 km away from
the Conference Venue
Booking through: Booking.com



Vatan Plaza

Price: \$114 per 2 people for three
nights = per 2 people it is
\$38 per night
Location: 7.4 km away from the
Conference Venue
Booking through: Booking.com



Musafir Hotel

Price: \$135 per 2 people for three nights
= per person it is \$23 per night
Location: 900 meters away from the Conference Venue
Booking through: Booking.com



Art Inn Hotel

Price: \$125 for three nights
= per person it is \$42 per night
Location: 2.3 km away from the Conference Venue
Booking through: Booking.com



Jules Verne Hostel

Price: \$30 for three nights per person
= per person it is \$10 per night
Location: 2.6 km away from the Conference Venue
Booking through: Booking.com



City Hotel

Price: \$129 per one person for three nights = per person it is \$43 per night
Location: 3.5 km away from the Conference Venue
Booking through: Booking.com



Art Hostel

Price: \$33 for three nights
= per person it is \$11 per night
Location: 4.8 km away from the Conference Venue
Booking through: Booking.com



Loona Family Hostel

Price: \$27 for three nights per person
= per person it is \$9 per night
Location: 5.5 km away from the Conference Venue
Booking through: Booking.com



Novza Palace Hotel

Price: \$345 per 2 people for three nights = per person it is \$58 per night
Location: 4 km away from the Conference Venue
Booking through: Booking.com

5. RESTARAUNTS



City Grill

Cuisine: European, Central European
Address: Shahrissabz, 23
Reference point: Westminster International University in Tashkent
Phone: +998 71 233 49 72
Work hours: 12:00 – 00:00



Efendi

Cuisine: Turkish
Address: Sadik Azimov St., 79a
Reference point: School №145
Phone: +998 71 233 15 02
Work hours: 07:00 – 22:00



Franklin's BBQ & Steakhouse

Cuisine: American, South American
Address: Buyuk Ipak Yuli 156 A
Reference point: Bus stop "Sayohat"
Phone: +998 99 804 48 48
Work hours: 07:00 – 01:00



Furusato

Cuisine: Japanese, Asian
Address: Nijozbek Juli, 3-proezd, 6A
Reference point: Tashkent Institute of Finance
Phone: +998 95 005 61 32
Work hours: 12:00–15:00 17:30–22:00



GÖSHT

Cuisine: Steakhouse, Barbecue
Address: Shahrisabz, 5A
Reference point: Westminster International University in Tashkent
Phone: +998 97 130 88 00
Work hours: 08:00 – 23:00



Kösebaşı

Cuisine: Turkish
Address: Furqat Kochasi, 1A
Reference point: Residential Complex Boulevard
Phone: +998 95 300 70 70
Work hours: 10:00 – 23:00



Assorti

Cuisine: Uzbek, Asian
Address: Uzbekistan Ovozi St., 2
Reference point: Le Grande Plaza Hotel
Phone: +998 78 129 99 90
Work hours: 12:00 – 23:00



Golubie Kupola

Cuisine: European, Uzbek, Asian
Address: Sharofa Rashidova St., 77
Reference point: TsUM
Phone: +998 71 256 27 27
Work hours: 11:00 – 23:00



Na Nebe Restaurante

Cuisine: European, Russian, Caucasian
Address: Khurshid St., 57 TS-5
Reference point: Subway station "Minor"
Phone: +998 71 235 10 00
Work hours: 10:00 – 00:00



Caravan

Cuisine: Middle Eastern
Address: Abdulla Qahhor, 22
Reference point: Israeli Embassy
Phone: +998 78 150 66 06
Work hours: 11:00 – 02:00



Teppanyaki

Cuisine: Japanese, Asian
Address: Shakhrisabz St. 33A
Reference point: Opposite of the Le Grande Plaza Hotel
Phone: +998 90 955 55 45
Work hours: 11:00 – 23:00



The Host- Indian Restaurant

Cuisine: Indian, Asian
Address: Oybek Street 65
Reference point: Judicial Association of Uzbekistan
Phone: +998 94 659 15 55
Work hours: 10:00 – 22:00



Xibei Noodles China

Cuisine: Chinese
Address: Nukus St., 83A
Reference point: Russian Embassy
Phone: +998 90 018 68 88
Work hours: 10:00 – 22:00



Besh Qozon

Cuisine: Uzbek
Address: 1 Iftihor Street, 1
Reference point: TV Tower
Phone: +998 71 200 94 44
Work hours: 9:30 – 23:30



Sharshara

Cuisine: Uzbek, European
Address: Severniy Almazar St., 10
Reference point: big waterfall
Phone: +998 98 170 42 42
Work hours: 10:00 – 23:00



Dayako Chicken & Beer

Cuisine: Korean
Address: Yangi Tashkent St, 1
Reference point: Tashkent City Park
Phone: +998 71 200 56 56
Work hours: 11:00 – 23:00



Nomdor

Cuisine: Uzbek
Address: Shahrisabz, 21a/1
Reference point: Westminster International University in Tashkent
Phone: +998 71 207 04 04
Work hours: 24/7



Rayhon

Cuisine: Uzbek, European
Address: Buyuk Ipak yuli array,1
Reference point: Subway station "Amir Temur Khiyoboni"
Phone: +998 99 732 67 67
Work hours: 10:00 – 22:00

6. NATIONAL CUISINE

Uzbekistan national cuisine will satisfy anyone fond of meat, sweets, fruits, vegetables... basically, it's a foodie's paradise defined by Uzbek pilaf, samsas, shish kebabs, manty dumplings, laghman noodles, fresh bread, juicy fruits, melt-in-your-mouth Uzbek desserts and more.



SAMSA. Uzbek samsa is a queen of Uzbek cuisine. Uzbek samsa is a hearty baked dish of Uzbek cuisine for holidays and everyday life, with various fillings to suit all tastes. Usually, it is prepared with finely chopped meat or minced meat, but there are also such original versions, in which pumpkin, spinach, potatoes, chicken meat are used as the filling. It is a pastry pie stuffed with meat and onion or pumpkin, potato, cabbage, mushrooms, or

nuts baked in tandyr. Tandyr is a traditional cylindrical clay oven, heated with coal. Skill is needed when placing raw samsas or non on the inside wall of the oven.



NARYN. In Uzbek cuisine, naryn is a pasta dish made with fresh hand-rolled noodles and horse meat. Naryn can be served as a cold pasta dish (kuruk norin, or "dry" norin) or as a hot noodle soup (khul norin, or "wet" norin). Homemade pasta is rolled very thinly and cut into strips 2–4 mm wide and 50–70 mm long. Naryn is popular among the Uighur, Uzbek, Kirghiz, and Kazak people. It can also be prepared with lamb or beef and is considered one of the delicatesses of the

region. The unusual taste of lace-like noodles in combination with horsemeat (classic version) makes the dish taste fantastic.



LAGMAN. Lagman is one of the most delicious dishes of national Uzbek cuisine. It's one of the common dishes in Xinjiang and can be found in the small and big restaurants all over the region. As the matter of fact, the lagman is Central Asian spaghetti with the addition of meat, greens, spices, and broth. In Uzbekistan, two main types of lagman are widespread; these are Uigur chuzma-lagman (stretching lagman) and Uzbek

kesma-lagman (cut lagman). Uzbek lagman is cooked differently in each region of the country.



MANTI. Manti or manty - a traditional meat dish of the peoples of Central Asia, consisting of finely chopped meat in a thin dough, cooked under steam. It's stuffed with lamb, onion and mixture spices of salt and pepper. In Uzbekistan manti are very popular and common dish, steamed out of the delicate fine dough with juicy meat filling inside. Most of the dishes of Uzbek cuisine supposed to eat with your hands, manti are among them.

By the way, it is quite difficult to eat manti with covers, so after a few minutes you will understand that eating manti with hands not only convenient, but also much more delicious - juicy stuffing does not fall out but remains with the juice inside manti.



SHURPA. Uzbek soup shurpa - famous dish of Uzbek cuisine, without which any one meal and even a wedding can't do. In some regions of Uzbekistan, a wedding feast begins from Uzbek wedding shurpa. We can identify some indications of traditional Uzbek soup shurpa. Firstly, it is characterized by a high fat content that is especially noticeable during the cooking shurpa from the pre roasted meat and

vegetables. Secondly, for shurpa the use of many herbs and spices is characterized.

Thirdly, at a relatively constant set of coarsely chopped vegetables, namely, carrots, potatoes, and onions in Uzbek shurpa various fruits - apples, apricots (dried apricots), quince, plum may be used (even welcome) in considerable quantities.



PILAF. Plov is a very popular, historic Uzbek dish. Also referred to as “pilaf” or “palov”, it’s made up of long grain rice, tender chunks of lamb, onions, and carrots. In Uzbekistan, there is a saying that guests can leave the house only after they have tasted the pilaf prepared by the owners. Pilaf is served as an everyday and holiday dish, especially for such events as a wedding, return from a pilgrimage, birth of a child, anniversary, funeral, and as an aid to those in need.

The history of pilaf goes back to the ancient times.



KEBAB. Probably everyone is familiar with the indescribable smell of delicious barbeque spreading along the street. Meat is very popular in Uzbekistan and is cooked here a lot. And everyone knows that the most delicious meat is kebab – meat on the skewers, well marinated and cooked on the open fire. In Uzbekistan, a huge number of different types of kebabs are prepared. Classic Uzbek shish kebab is the

tenderest meat, properly marinated with spices and skewered with small slices of lamb fat (dumba). This type of kebab usually is cooked from lamb. In addition, there are also other types of barbecue: beef liver kebab (Dzhigar kabob), chicken BBQ, Beshpanja (formed on five skewers at once), Charvi kabob (meat covered with melted fat). However, the most known and favorite shish kebab in Uzbekistan is Kiyma shish kebab (from minced meat).

7. EMERGENCY CONTACTS

Uzbekistan Phone Codes

International Dialing Code for Uzbekistan: +998

Uzbekistan Mobile Phone Codes:

Provider	Country Code	Provider-specific code
Beeline	+998	(90) or (91)
Uzmobile	+998	(95) or (99)
Ucell	+998	(93) or (94)
Perfectum Mobile	+998	(98)
UMS	+998	(97)
Humans	+998	(33)

If you need an emergency help during your trip in Uzbekistan, you may call the following numbers:

- Emergency service – 112
- Fire service – 101
- Police – 102
- Healthcare emergency – 103
- Emergency gas service – 104
- Rescue service – 1050
- Inquiry office – 109

Other Emergency Information (Private Enterprises):

1. MANAGEMENT ON EXTREME SITUATIONS OF TASHKENT CITY

Phone Numbers: 71 2452477, 71 2452466

Country Code: +998

Legal Name: MANAGEMENT ON EXTREME SITUATIONS OF TASHKENT CITY

Brand Name: MANAGEMENT ON EXTREME SITUATIONS OF TASHKENT CITY

Address: Uzbekistan, Tashkent, SHAYKHANTAKHUR DISTRICT, avenue BUNYODKOR, 2

2. MANAGEMENT ON EXTREME SITUATIONS OF THE TASHKENT AREA DUTY SERVICE

Phone Numbers: 71 2338917, 71 2686372

Country Code: +998

Faxes: 71 2334356

Legal Name: MANAGEMENT ON EXTREME SITUATIONS OF THE TASHKENT AREA DUTY SERVICE

Brand Name: MANAGEMENT ON EXTREME SITUATIONS OF THE TASHKENT AREA DUTY SERVICE

Address: Uzbekistan, 100052, Tashkent, MIRZO-ULUGBEK DISTRICT, street KATTA DARKHON, 9

3. MINISTRY OF EMERGENCY SITUATIONS OF THE REPUBLIC OF UZBEKISTAN

Phone Numbers: 71 2341526, 71 2348720, 1050, 71 2391685, 71 2391685

Country Code: +998

Faxes: 78 1506299